

# Jarr Product List - Stoke Newington



Wholefoods	Price/100g
Arborio White Rice (org)	£0.46
Brown Basmati Rice	£0.35
White Basmati Rice (org)	£0.52
Long-grain Brown Rice (org)	£0.35
Short-grain Brown Rice (org)	£0.34
Wild Rice Mix (org)	£0.63
Sushi Rice (org)	£0.39
Bulghur Wheat (org)	£0.35
Popcorn Kernels (org)	£0.25
British White Quinoa (org)	£0.68
Couscous - white (org)	£0.31
Giant Couscous (org)	£0.52
Chickpeas (org)	£0.43
Jumbo Oats (org)	£0.25
Rolled Oats (org)	£0.25
Rolled Oats - GF (org)	£0.38
Puffed Quinoa (org)	£1.39
Bran Flakes (org)	£0.73
Deluxe Muesli	£0.50
Strong White Bread Flour (org)	£0.16
Strong Wholemeal Flour (org)	£0.15
Rye Flour (org)	£0.19
Semolina (org)	£0.36
Plain White/Wholemeal Flour (org)	£0.17
Pasta Flour (00) (org)	£0.16
Self-raising Flour (org)	£0.17
Gram Flour (chickpea) (org)	£0.34
Spelt Flour (org)	£0.40
Brown Rice Flour (org) 290g bag	£1.57
Coconut Flour (org) 500g bag	£2.95

Brown Sugar (light muscovado)	£0.41
Golden Caster Sugar	£0.40
Coconut Sugar (org)	£0.77
Granulated Extra Light Sugar (org)	£0.41
Cocoa Powder (org)	£1.10
Bicarbonate Soda - GF	£0.46
Baking Powder - GF	£0.71
Red Split Lentils (org)	£0.33
Green Lentils (org)	£0.38
French Style (Puy) Lentils (org)	£0.57
Brown Lentils (org)	£0.36
Black Beluga Lentils (org)	£0.60
Yellow Split Peas (org)	£0.28
Mixed Dried Mushrooms	£3.20
White Pennette Pasta (org)	£0.34
Wholewheat Pennette Pasta (org)	£0.34
Fusilli Pasta - white (org)	£0.34
Wheat Noodles (thin)	£0.48
Lasagna - white (org)	£0.59
Spaghetti - white/brown (org)	£0.34
Corn and Rice Fusilli - GF (org)	£0.61
Pearl Barley (org)	£0.19
Orzo (org)	£0.40
Buckwheat Flour - GF (org)	£0.45
Buckwheat Groats - GF (org)	£0.30
Polenta - GF (org)	£0.33
Sunflower Mince (org)	£3.20
Cracked Freekeh	£0.49
Vegetable Stock (org)	£1.15
Raw Cacao Nibs	£1.28

Black beans (org)	£0.30
Mung beans (org)	£0.46
Haricot Beans (org)	£0.49
Butter Beans (org)	£0.60
Cannellini Beans (org)	£0.37
Red Kidney Beans (org)	£0.42

Nuts, seeds and dried fruits	/100g
Hazelnuts (org)	£1.69
Peanuts (roasted, salted)	£0.84
Pine Kernels (org)	£4.00
Walnuts Halves (org)	£2.56
Almonds (org)	£1.54
Ground Almonds (org)	£1.38
Flaked Almonds (org)	£1.58
Cashews (org)	£1.86
Pecan Halves (org)	£2.80
Raw Pistachio Kernels	£3.44
Roasted and salted Pistachios	£2.10
Brazil nuts (org)	£1.64
Poppy Seeds (org)	£1.50
Sunflower Seeds (org)	£0.47
Hemp Seeds (org)	£0.54
Linseed (org)	£0.45
Chia Seeds (org)	£0.69
Sesame Seeds (org)	£0.93
Pumpkin Seeds (org)	£0.81
Nut Mix (org)	£2.00

Raisins (org)	£0.74
Sultanas (org)	£0.77
Banana Chips (org)	£0.61
Crystallised Ginger	£0.90
Dried Mango Cheeks (org)	£2.00
Toasted Coconut Chips (org)	£0.93
Desiccated Coconut (org)	£0.47
Apricots (yellow/org brown)	£0.63/£1.20
Fruit and Nut Mix (org)	£1.67
Cranberries, with apple juice (org)	£1.19
Dried Figs (org)	£1.33
Currants (org)	£1.20
Prunes (pitted) (org)	£2.20
Dates pitted/chopped (org)	£0.57/£0.60
Medjoul dates	£1.50
Sun-dried Tomato Halves (org)	£1.20
Pitted Sour Cherries (org)	£1.90

Loose Leaf Tea and Coffee	/100g
Peppermint tea	£3.63
Camomile Blossoms tea	£3.30
Special Earl Grey tea	£3.63
Masala Chai tea	£4.37
Rooibos tea (org)	£4.08
Ginger and Lemon Myrtle tea	£3.63
Mountain Herbs tea	£6.87
Nightcap tea (org)	£3.63
Assam Leaf tea	£3.63
Rhubarb Cream tea	£3.33
Fancy Sencha Green tea	£6.87
English Breakfast tea	£5.45
Whole Coffee Beans (Mission Roasters) - medium espresso blend	£2.90
Whole Coffee Beans - Decaf	£2.90

Herbs and Spices	/100g
Sea salt	£0.18
Black Peppercorns - whole (org)	£3.00
Black Ground Pepper	£4.46
Cardamom	£8.58
Curry Powder - Medium	£1.21
Mustard Seeds - Black	£0.77
Turmeric (org)	£3.27
Chili Powder (org)	£4.32
Dried Whole Chillies (cayenne)	£1.50
Cinnamon (org)	£4.22
Coriander Seeds	£2.69
Cumin Powder	£4.56
Cumin Seeds	£4.56
Fennel Seeds	£3.51
Smoked Paprika (org)	£5.00
Paprika (org)	£5.14
Garlic Powder (org)	£5.31
Ground Ginger (org)	£3.98
Nutmeg Powder (org)	£5.73
Basil	£3.74
Mixed Herbs	£5.39
Oregano (org)	£4.44
Parseley (org)	£3.16
Rosemary (org)	£3.63
Sage (org)	£3.86
Thyme (org)	£3.28
Bay Leaves	£1.73
Mint	£1.80
Garam Masala	£1.64
Nutritional Yeast Flakes - with B12	£2.56
Arrowroot	£0.80
Cloves - whole	£1.94
Cinnamon Quills	£6.91
Caraway Seeds	£1.54
Fenugreek Seeds	£0.73
Mixed Sweet Spice	£1.50

Snacks and Treats	/100g
Chocolate covered Raisins (org)	£2.90
Chocolate covered Crystallised Ginger (org)	£3.10
Chocolate covered Brazil Nuts (org)	£3.20
Chocolate covered Almonds (org)	£3.20
Dark Chocolate Buttons (org)	£3.10
Dark Chocolate Mint Buttons (org)	£3.20
Crisps 150g large bag (in compostable packaging) lightly salted/salt and cider vinegar	£2.20 each
Vegan pick and mix gummies (fizzy mix and non-fizzy mix)	£1.35
Tony's Chocolonely chocolate bars - dark chocolate (large) and dark chocolate, almond and sea salt (large and small)	Small £1.50 Large £3.95
Dark chocolate drops, chocolate crunch balls and chocolate peanut balls	£2.35/ £2.50
Japanese Rice Cracker Mix	£1.08

Peanut Butter - with sea salt	£1.45
Almond Butter	£1.75

Ketchup	£0.80
---------	-------

Granola by Rollagranola (all GF and vegan)	/100g
Almond Granola (no added sugar)	£1.20
Chocolate Granola	£1.20
Raspberry Granola (cereal-free, no added sugar)	£1.60

<b>Oil, Vinegar and Soy Sauce</b>	<b>/100g</b>
Extra Virgin Olive Oil (with trace amounts of rosemary - for regulatory purposes, doesn't taste or smell like rosemary)	£1.32
Sunflower Oil (org)	£0.46
Toasted Sesame Oil	£1.20
Rapeseed Oil - Cold-pressed Extra Virgin	£0.73
Soy Sauce	£0.65
Tamari (GF soy sauce)	£0.65
Cleaning White Alcohol Vinegar - food grade	£0.36
Balsamic Vinegar (org)	£1.39
Apple Cider Vinegar with the mother (org)	£0.50
Chilli Oil (cayenne) - medium heat	£3.75
Chilli Oil (garlic infused) - medium heat	£3.75
Chilli Oil (habanero) - very spicy	£3.75

<b>Other Liquids</b>	
Oat Milk by Minor Figures (barista standard)	£2/L
Pure Canadian Maple Syrup (org)	£2/100g

<b>Frozen Food</b>	<b>/100g</b>
Apple Slices	£0.47
Blueberries	£0.56
British Peas (AA Grade)	£0.33
Spinach	£0.30
California Fruit Salad (melon, strawberries, peach and grapes)	£0.50
Cherry Berry (cherries, grapes, blueberries, blackberries)	£0.59
Summer Fruit (raspberries, strawberries, blackberries, redcurrant and blackcurrants)	£0.55
Farmhouse Vegetables (cauliflower, broccoli, carrots and green beans)	£0.30
Tuscan Roasting Vegetables (cherry tomatoes, roasted onions, potatoes, and grilled courgette)	£0.68
Fruit Fiesta (strawberries, peaches, kiwis and mandarin)	£0.58
Mango Chunks	£0.51
Oriental Stir Fry (peppers, sugar snap peas, baby corn, water chestnuts and onions)	£0.46
Sweet Potato Chips	£0.58
Peas, Beans and Asparagus Mix	£0.50
Focaccia Pizza Dough Balls	£0.79 each
Lentil and Carrot Burger	£0.99 each
Spicy Quinoa Burger	£1.15 each

Liquid Seaweed Plant Fertilizer (org)	£1.20/100g
---------------------------------------	------------

<b>Cleaning Products by Fill - <a href="http://fillrefill.co">fillrefill.co</a> and SESI - <a href="http://sesi.org.uk">sesi.org.uk</a></b>	<b>Price/100g</b>
Hand Soap (Fig leaf scented)	£0.50
Wash-up liquid (Ginger scented)	£0.33
Kitchen Clean (Grapefruit scented)	£0.33
Bathroom Clean (Eucalyptus scented)	£0.33
All Purpose (Honeysuckle scented)	£0.33
Fabric Conditioner (Neroli scented)	£0.37
Laundry Liquid - non bio (Neroli scented/unscented)	£0.52
Destainer Powder	£0.50
Bicarbonate of Soda (for cleaning)	£0.24
Citric Acid	£0.56
Rinse Aid (unscented)	£0.30
Dishwasher Tablets (EcoLeaf)	£0.19/each
Laundry Powder (Pettigrain scented)	£0.68
Castille Soap (org) - SESI	£0.65
Cream Cleaner - SESI	£0.36

Soapnuts 250g/500g	£7.99/ £8.99
Natural stain remover stick	£3.75
Washing-up Soap Bar	£2.75
Compostable cloth sponges (pack of 2)	£3.50
Compostable washing sponge	£2.00
Washing-up Pads (loofas)	£2.75
Wooden Kitchen Brush with replaceable head	£3.95
Replacement head for Kitchen Brush	£1.95
Coconut fibre Scourers (pack of 2)	£4.75
Coconut fibre Bottle Brush	£5.00
Coconut fibre Kitchen Brush	£5.00
Compostable food waste bags (30)	£5.35
Compostable Tall kitchen bin bags (12)	£5.26
Compostable Parchment Baking Sheets (24)/ Recyclable foil	£3.50/ £3.35
Compostable cling film	£3.85
Rubber gloves	£3.00

Reusable items	
Water bottle (various colours and sizes)	£15 - £20
KeepCup Coffee Cups S/M/L	£19/£20/ £21
Reusable metal straw	£2.00
Straw cleaner	£0.70
ElephantBox Stainless Steel containers, insulated flasks and lunchboxes	Various
Cloth/Mesh Bag sets	£6.50
Single cloth produce or bread bag	£2.70
Tea Strainer Ball	£4.00
Reusable Silicon Baking Mat	£12.99
Naturally dyed tea towel/mesh bag	£16.50/ £20

Toiletries	Price/100g or each
Hand Sanitiser (80% alcohol)	£2.20
Natural handmade soap bars	£3.65 each
Marseille Olive Oil soap bar (300g) - org	£5.20
Shampoo bars (various types for different hair types)	£5 each
RowdyKind large shampoo, conditioner and body wash bars for children	£10.00
Liquid shampoo, conditioner and bodywash by Cole and Co	£1.30
Liquid hand and body lotion	£2.20
Chamomile baby butter - org	£11.75
Liquid shampoo and conditioner by Fill	£0.90
Conditioner bars (various types)	£6 each
Olive wood soap dish	£6.50
Coconut soap rest	£2.30
Soap bag	£3.75
Bamboo toothbrush (adult or kids size)	£4.00
Electric toothbrush head - fully recyclable (pack of two) adult/child	£9.39
Bamboo toothbrush cases	£7.50
Nail Brush (wooden)	£5.00
Bath Bombs	£3.50
Bath Salts (soothing herbal)	£7/500g or £1.40/100g
Cacao Pow Natural Deodorant 55g/100g	£10/£15
Kutis Vegan Deodorant	£6.50
Zero Waste Path Natural Deodorant	£5.50
Natural Sunscreen small/large	£3.75/£9.75
Bamboo Razor	£19.00
Pack of 10 razor blades	£2.99

Reusable make-up wipes (5)/nail varnish wipes (5)	£5.50/£4
Bamboo and Cotton Ear Buds (100)	£2.50
Menstrual cups (2 sizes)	£20.00
Reusable sanitary pads (various sizes)	£6.40- £9.95
Dental floss (1 roll)	£4.90
Refill for dental floss jar (2 rolls)	£6.90
Natural toothpaste in a jar (Georganics)	£6.45
Toothpaste tablets with fluoride	£12/100g
Mouthwash Tablets (Georganics)	£7.42
Plastic-free plasters	£7.00
Lip balm (various scents)	£4.00
Essential oil Self Care Co Candle	£25.00
Jade roller	£8.50
Eye and face cream - org	£9.75
Bamboo Flannel	£5.00

Loo Roll (extra long) / Tissues	£0.90/£1.30
---------------------------------	-------------

Dog Shampoo Bar	£5.00
-----------------	-------

Glass jars and bottles	
Kilner jars from 90ml to 2L	£2 - £6
Cleaning Products Glass bottle (spray, twist or pump top) 500ml	£3.50
Swingtop Bottle (ideal for oils and vinegars) 250ml - 1L	£3 - £4.50
Aluminium bottles (for shampoo, conditioner or body wash) 300 - 500ml	£3 - £3.50