

Please note, Jarr is a bulk shop so none of our food is prepackaged. When placing your order please include a quantity (in grams) for each productory, which will be packed into paper bags for delivery.

For the same reason, we can only deliver liquids or peanut butter if you choose to purchase one of our glass bottles or jars.

Wholefoods	Price/
A.L. : 14/1: D: ()	100g
Arborio White Rice (org)	£0.46
Brown Basmati Rice	£0.35
White Basmati Rice (org)	£0.52
Long-grain Brown Rice (org)	£0.35
Short-grain Brown Rice (org)	£0.34
Wild Rice Mix (org) - NEW	£0.63
Bulghur Wheat (org)	£0.35
Popcorn Kernels (org)	£0.25
British White Quinoa (org)	£0.68
Couscous - white (org)	£0.31
Polenta - GF (org)	£0.33
Jumbo Oats (org)	£0.25
Rolled Oats - GF (org)	£0.38
Rolled Oats (org)	£0.25
Puffed Quinoa (org)	£1.39
Bran Flakes (org)	£0.73
Deluxe Muesli	£0.50
Strong White Bread Flour (org)	£0.16
Strong Wholemeal Flour (org)	£0.15
Rye Flour (org)	£0.19
Plain White/Wholemeal Flour (org)	£0.17
Pasta Flour (00) (org) - NEW	£0.16
Self-raising Flour (org)	£0.17
Gram Flour (chickpea) (org)	£0.34
Spelt Flour (org)	£0.40
Baking Powder - GF	£0.71
Raw Cacao Nibs	£1.28
Black beans (org)	£0.30
Mung beans (org)	£0.46

Brown Sugar (light muscovado)	£0.41
Golden Caster Sugar	£0.40
Coconut Sugar (org)	£0.77
Cocoa Powder (org)	£1.10
Bicarbonate Soda - GF	£0.46
Butter Beans (org)	£0.60
Chickpeas (org)	£0.43
Cannellini Beans (org)	£0.37
Red Kidney Beans (org)	£0.42
Red Split Lentils (org)	£0.33
Green Lentils (org)	£0.38
French Style (Puy) Lentils (org)	£0.57
Yellow Split Peas (org)	£0.28
Toasted Coconut Chips (org)	£0.93
Desiccated Coconut (org)	£0.47
Wholewheat Pennette Pasta (org)	£0.34
Fusilli Pasta - white (org)	£0.34
Lasagna - white (org)	£0.59
Spaghetti Pasta - white/wholemeal (org)	£0.34
Corn and Rice Fusilli - GF (org)	£0.61
Pearl Barley (org)	£0.19
Orzo (org)	£0.40
Buckwheat Flour - GF (org)	£0.45
Buckwheat Groats - GF (org)	£0.30
Giant Couscous (org) - NEW	£0.52

Nuts, seeds and dried fruits	/100g
Hazelnuts (org)	£1.69
Peanuts (roasted, salted)	£0.84

Pine Kernels (org)	£4.00
Walnuts Halves (org)	£2.56
Almonds (org)	£1.54
Ground Almonds (org)	£1.38
Flaked Almonds (org)	£1.58
Cashews (org)	£1.86
Pecan Halves (org)	£2.80
Raw Pistachio Kernels	£3.44
Brazil nuts (org)	£1.64
Poppy Seeds (org)	£1.50
Sunflower Seeds (org)	£0.47
Hemp Seeds (org)	£0.54
Linseed (org)	£0.45
Chia Seeds (org)	£0.69
Raisins (org)	£0.74
Sultanas (org)	£0.77
Banana Chips (org)	£0.61
Crystallised Ginger	£0.90
Sesame Seeds (org)	£0.93
Dried Mango Cheeks (org)	£2.00
Apricots (non org yellow/org	£0.63/
brown)	£1.20
Pumpkin Seeds (org)	£0.81
Fruit and Nut Mix (org)	£1.67
Cranberries, with apple juice (org)	£1.19
Dried Figs (org)	£1.33
Currants (org)	£1.20
Prunes (pitted) (org) - NEW	£2.20
Dates pitted/chopped (org) - NEW	£0.57/
	£0.60
Medjoul dates - NEW	£1.50

Herbs and Spices	/100g
Sea salt	£0.18
Black Peppercorns - whole (org)	£3.00
Black Ground Pepper	£4.46
Cardamom	£8.58
Curry Powder - Medium	£1.21
Mustard Seeds - Black	£0.77
Turmeric (org)	£3.27
Chili Powder (org)	£4.32
Cinnamon (org)	£4.22
Coriander Seeds	£2.69
Cumin Powder	£4.56
Cumin Seeds	£4.56
Fennel Seeds	£3.51
Smoked Paprika (org)- NEW	£5.00
Paprika (org)	£5.14
Garlic Powder (org)	£5.31
Ground Ginger (org)	£3.98
Nutmeg Powder (org)	£5.73
Basil	£3.74
Mixed Herbs	£5.39
Oregano (org)	£4.44
Parseley (org)	£3.16
Rosemary (org)	£3.63
Sage (org)	£3.86
Thyme (org)	£3.28
Bay Leaves	£1.73
Mint	£1.80
Garam Masala	£1.64
Nutritional Yeast Flakes - with B12	£2.56
Arrowroot	£0.80
Cloves - whole	£1.94
Cinnamon Quills	£6.91
Caraway Seeds	£1.54

Loose Leaf Tea and Coffee	/100g
Peppermint tea	£3.63
Camomile Blossoms tea	£3.30
Special Earl Grey tea	£3.63
Masala Chai tea	£4.37
Rooibos tea (org)	£4.08
Ginger and Lemon Myrtle tea	£3.63
Mountain Herbs tea	£6.87
Nightcap tea (org)	£3.63
Assam Leaf tea	£3.63
Rhubarb Cream tea	£3.33
Fancy Sencha Green tea	£6.87
Whole Coffee Beans (Mission Roasters)	£2.90
Whole Coffee Beans - Decaf - NEW	£2.90

Oil, Vinegar and Soy Sauce (can only be delivered if a glass bottle is purchased)	/100g
Extra Virgin Olive Oil (with trace amounts of garlic - doesn't taste or smell like garlic)	£1.32
Balsamic Vinegar (org)	£1.39
Rapeseed Oil - Cold-pressed Extra Virgin	£0.73
Shoyu Soy Sauce - Clearspring (org)	£1.40
Tamari (GF soy sauce) - NEW	£0.65
Cleaning White Alcohol Vinegar - food grade	£0.36
Apple Cider Vinegar with the mother (org) - NEW	£0.50

Snacks and Treats	/100g
Chocolate covered Raisins (org)	£3.39
Chocolate covered Crystallised Ginger (org)	£3.25
Chocolate covered Brazil Nuts (org)	£3.40
Chocolate covered Almonds (org)	£3.40
Dark Chocolate Buttons (org)	£3.25
Dark Chocolate Mint Buttons (org)	£3.62
Crisps (in compostable packaging) small/large (lightly salted/salt and cider vinegar)	£1/£2 per bag
Peanut butter - with sea salt (can only be delivered if a jar is purchased)	£1.80
Vegan pick and mix gummies (fizzy mix and non-fizzy mix) - NEW	£1.35
Tony's Chocolonely chocolate bars - dark chocolate (large) and dark chocolate, almond and sea salt (large and small) - NEW	Small £1.50 Large £3.95

Granola by Rollagranola (all GF and vegan)	/100g
Almond Granola (no added sugar)	£1.20
Chocolate Granola	£1.20
Raspberry Granola (cereal-free, no added sugar)	£1.60

Other Liquids	
Oat Milk by Minor Figures (barista standard)	£2/L
Pure Canadian Maple Syrup (org) - NEW	£2.20/ 100g

Glass jars and bottles	
190ml Jar	£2.00
500ml Kilner Clip-top Jar	£3.50
1L Kilner Clip-top Jar	£4.50
1.5L Kilner Clip-top Jar	£5.00
2L Kilner Clip-top Jar	£6.00
Cleaning Products Glass bottle	£3.50
(spray, twist or pump top) 500ml	25.50
Amber Spray/Pump Glass bottle	£6.00
Small 250ml Amber Glass spray/	£5.00
pump-top bottle	25.00
Small glass swing-top bottle	£3.00
(250ml)	25.00
Large glass swing-top bottle 500ml/	£4/£4.25
750ml	14/14.25
1L glass swing-top bottle	£4.50
Aluminium bottles (for shampoo,	02.00
conditioner or body wash) 300ml	£3.00
Aluminium bottles (for shampoo,	00.50
conditioner or body wash) 500ml	£3.50

Reusable items	£0.50
Water bottle (various colours)	£15.00
KeepCup Coffee Cups S/M/L	£19/£20/ £21
Metal/Bamboo straw	£2.00
Collapsible metal straw (silver and rose gold) and case	£6.99
Straw cleaner	£0.70
ElephantBox Stainless Steel containers and lunchboxes	Various
Cloth/Mesh Bag sets	£12.50 /£13
Single cloth produce or bread bag	£2.70
Tea Tongs/Ball	£4.00
Reusable Silicon Baking Mat - NEW	£12.99

Cleaning Products by Fill - fillrefill.co for more info (liquids can only be delivered if a bottle is purchased)	Price/ 100g
Hand Soap (Fig leaf scented)	£0.50
Wash-up liquid (Ginger scented)	£0.33
Kitchen Clean (Grapefruit scented)	£0.33
All Purpose (Honeysuckle scented)	£0.33
Fabric Conditioner (Neroli scented)	£0.37
Laundry Liquid - non bio (Neroli scented)	£0.57
Dishwasher Powder (Cucumber scented)	£0.59
Dishwasher Tablets (individual)	£0.19/
` '	each
Laundry Powder (Pettigrain scented)	£0.68
Soapnuts 250g/500g - NEW	£7.99/ £8.99
Natural stain remover stick - NEW	£3.75
Washing-up Soap Bar	£2.75
Compostable cleaning sponges (pack of 2)	£3.50
Compostable washing sponge - NEW	£2.00
Washing-up Pads (loofas)	£2.75
Wooden Kitchen Brush with replaceable head	£3.95
Replacement head for Kitchen Brush	£1.95
Coconut fibre Scourers (pack of 2)	£4.75
Coconut fibre Bottle Brush	£5.00
Coconut fibre Kitchen Brush	£5.00
Compostable food waste bags (30)	£5.35
Compostable Tall kitchen bin bags (12)	£5.26
Compostable Parchment Baking Sheets (24)/ Recyclable foil- NEW	£3.50/ £3.35

Toiletries (liquids can only be delivered if a bottle is also purchased)	Price/ 100g or each
Hand Canitions (00% aloakal) by FO Cia	
Hand Sanitiser (80% alcohol) by 58 Gin - NEW	£2.20
Natural handmade soap bars (various	
scents)	£4.99
Shampoo bars (three different types for	00.00
different hair types)	£6.99
Liquid shampoo, conditioner and	04.00
bodywash by Cole and Co	£1.30
Liquid hand and body lotion	£2.20
Conditioner bars (various types)	£6.00
Soap dish (slatted or oval)	£4/£6.50
Soap bag	£3.75
Bamboo toothbrush (adult or kids size)	£4.00
Bamboo toothbrush cases	£7.50
Loo Roll	£0.90
Tissues	£1.30
Bath Bombs (various scents)	£3.50
Cacao Pow Natural Deodorant 55g/100g	£10/£15
Natural Sunscreen (in aluminium tub)	£3.75/
small/large	£9.75
Bamboo Flannel	£5.00
Bamboo Razor with one blade	£19.00
Pack of 10 razor blades	£2.99
Bamboo and Cotton Ear Buds (100)	£2.50
Menstrual cups (2 sizes)	£21.20
Reusable sanitary pads (various sizes) -	£6.70 -
NEW	£10.40
Reusable make-up wipes (5)	£5.50
Dental floss (1 roll)	£4.90
Refill for dental floss jar (2 rolls)	£6.90
Plastic-free plasters	£7.00
Lip balm (various scents)	£4.00
Various zero-waste gift bags	Various
Essential oil Self Care Co Candle	£25.00